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## The impact of special wards nursing spiritual well-being upon patients' spiritual care

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Spiritual aspect has played a significant role in patients' well-being and quality of life. Acquiring patients' spiritual needs is considered as an essential element in medical care. Therefore, it seems very logical that there is a professional requirement for nurses to achieve competence in the delivery of spiritual care. The purpose of this study was to examine the impact of nursing spiritual well-being on patient spiritual care. A cross-sectional descriptive-analytical study has been conducted to determine the impact of nursing spiritual well-being on patient spiritual care. Two standard questionnaires- Basic psychological Needs questionnaire by Emmons and Paloutzian, and spiritual care competence scale by Van Leeuwen et al. were used. The spiritual health questionnaires were distributed between 210 nurses of special wards (response rate, 90%) and the spiritual care questionnaires were completed by researchers for evaluating nurses' spiritual care of 567 patients during their hospitalization period (since September until February in 2015). Descriptive and inferential statistics were used to analyze the data. Most participants were women, ranging in age from 26 to 30 years old. 41 percent of nurses had upper 5 years clinical experiences, 59.2 percent of them had spiritual health scores in medium level and 40.8 percent were high. In relation to the spiritual health, nurses provided 5.8% of spiritual care in poor, 53.4% in optimal level and 39.8% in the highly desirable level. There are significant relations between the average scores of spiritual health and age ( $P < 0.04$ ), clinical experience and spiritual health ( $P < 0.02$ ), education and spiritual health ( $P < 0.03$ ) and education and spiritual care ( $P < 0.02$ ). Overall, a significant relationship was observed between spiritual health and spiritual care ( $P < 0.01$ ). This study found that most participants were able to meet the spiritual needs of patients; however, some nurses were not able to meet up. However, there is a positive relationship between spiritual health and spiritual care, providing workshops and training in spiritual care for improving the ability of nurses in catering to the spiritual needs of patients could be of benefit.

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## Nursing student engagement: Researching toward best practice

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**Background:** How best to train nursing students to be dedicated, highly collaborative team workers, and solid, caring, individual nurses? Engaged students (if engagement is maintained throughout their studies) will become committed and dedicated nurses. A hybrid mental health course was developed to encourage and maintain a high level of student engagement. We explored the level of student engagement, as it related to classroom and clinical experiences to measure their sense of engagement.

**Methods:** Likert scale quantitative questionnaire, and 4 brief open-ended qualitative questions of students during the finishing of their second semester of nursing school, after completing their mental health course.

**Subjects:** Baccalaureate student nurses completing their second level of coursework, a total of 44 students completed the course, and all completed the student survey.

**Findings:** Most students felt very committed to their own learning, had increased their sense of critical thinking and using their own initiative, they enjoyed the diversity of content within the courses, and were more confident in pursuing further learning. The vigorous work helped the students get ready for the real world of nursing.

**Conclusion:** Students were shifting their focus to their peer teams and developing leadership and confidence. The diversity of the coursework provided an enjoyable, engaging and challenging course and increased the students' sense of adaptability and confidence. Students can be developing high levels of decision making with a care attitude, to ensure they can function within today's complex healthcare environment.

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